

## Leader's Equipment

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The following equipment list is a recommended list for club leaders. The sea state will dictate exactly which items a leader should carry having made his/her own risk assessment. All club members are encouraged to carry items on this list.

1. Packed lunch (unless the trip is very short)
2. Flask with hot drink
3. Emergency food and drink
4. Spare clothing
5. First aid kit
6. Torch
7. Whistle
8. Matches and/or lighter
9. Flares (one red parachute flare and one red pinpoint flare). LED Flare, Strobe.
10. Tow and deck lines
11. Bailing pump and/or sponge
12. Kayak/equipment repair kit
13. Spare paddle.
14. Charts/maps
15. Trip planning data and related information
16. Compass
17. Watch
18. Group emergency shelter (kisu)
19. VHF radio
20. Mobile phone
21. Helmet
22. Covid19 items: Due to Covid19 Leaders are advised to carry the following additional items - Latex gloves, face masks, hand sanitiser.